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skin surface, such that the conductor provides an electrically conductive path from the first skin surface area to the second skin surface area, and wherein a current flow in the current flow path is in the form of ions naturally present in tissue of the patient, and wherein the current flow path is from the first portion of the conductor to the second portion of the conductor.

- 35. (New) The method of claim 32, wherein the conductor has a resistance less than 10,000 ohms per square inch.
- 36. (New) The method of claim 32, wherein the conductor has a resistance low enough to limit a voltage present across the conductor to less than approximately 0.5 volts in any direction while the conductor is in use.
- 37. (New) The method of claim 32, wherein the first skin surface is proximal to a bone in the patient, the bone comprising a first end and a second end, and wherein the conductor is positioned to cause a current flow path from a first skin surface area within the first skin surface proximal to the first end of the bone, to a second skin surface area with the first skin surface proximal to the second end of the bone.
- 38. (New) The method of claim 32, further comprising:

locating a second subcutaneous fatty deposit in the patient;

identifying a second skin surface, proximal to the second subcutaneous fatty deposit; and using a second conductor to create a second current flow path through the second subcutaneous fatty deposit, for a second electric charge naturally present in the patient; wherein the first skin surface is proximal to a first bone, the second skin surface is proximal to a second bone, the first bone is connected to the second bone with a bone joint, the first conductor is positioned proximal to the first bone and the bone joint, the second conductor is positioned proximal to the second bone and the bone joint, and the first and second conductors are separated from each other by an insulator.

39. (New) The method of claim 32, wherein no external current is applied to the conductor.

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- 40. (New) The method of claim 32, wherein the conductor is applied to the first skin surface as a liquid.
- 41. (New) The method of claim 40, wherein the liquid dries to form the conductor.
- 42. (New) The method of claim 40, wherein the conductor is sold and merchandised as at least one of:
  - a. a weight loss material.
  - b. a material to sculpt the shape of the first skin surface.
  - c. a fitness material.
  - d. a muscle toning material.
  - e. a fat burning material.
  - f. a material to reduce fatty deposits.
- 43. (New) A garment for reducing weight in a patient, comprising:
- a conductor adapted to be placed in direct contact with a first skin surface of the patient and adapted to conduct an ionic current of ions that occur naturally in the patient, wherein the conductor is adapted to be located proximal to a subcutaneous fatty deposit.
- 44. (New) The garment of claim 43, further comprising a support portion, wherein the support portion is adapted to maintain the conductor in direct contact with a first skin surface of the patient, proximal to the subcutaneous fatty deposit.
- 45. (New) The garment of claim 44, wherein the conductor is adapted to be movably fitted to the support portion, such that the conductor may be re-positioned to be located proximal to the subcutaneous fatty deposit, and to avoid being located proximal to a bone joint.
- 46. (New) The garment of claim 43, wherein the conductor comprises a low-resistance electrically conductive material adapted to develop less than approximately 0.5 volts across the conductor when the conductor is in use on the patient, wherein the conductor is adapted to cause the ionic current to flow from a first portion of the conductor to a second portion of the conductor.

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- 47. (New) The garment of claim 46, wherein the conductor has a resistance less than 10,000 ohms per square inch.
- 48. (New) The garment of claim 43, wherein the first skin surface comprises a skin surface proximal to a bone in the patient, the bone comprising a first end and a second end, and wherein the conductor is adapted to be positioned to create a current flow path from a first skin surface area within the first skin surface proximal to the first end of the bone, to a second skin surface area with the first skin surface proximal to the second end of the bone.
- 49. (New) The garment of claim 43, further comprising:

an insulator; and

a second conductor adapted to be placed in direct contact with a second skin surface of the patient and adapted to create a second current flow path through a second subcutaneous fatty deposit, for a second electric charge naturally present in the patient;

wherein the first and second conductors are separated by the insulator, such that the insulator insulates the first current flow path from the second current flow path.

- 50. (New) The garment of claim 49, wherein the first skin surface is proximal to a first bone, the second skin surface is proximal to a second bone, and the first bone is connected to the second bone with a bone joint, and wherein the insulator is adapted to be placed proximal to the bone joint
- 51. (New) The garment of claim 50, wherein the insulator is located along a skin contact surface of the garment in a garment area adapted to be placed proximal to the bone joint.
- 52. (New) The garment of claim 49, wherein the insulator is adapted to be placed proximal to a third skin surface, the third skin surface being free from any contact with the first or second conductors.
- 53. (New) The garment of claim 52, wherein the insulator is substantially smaller than either of the first or the second conductors.
- 54. (New) The garment of claim 49, wherein the insulator is adapted to separate the first and second conductors by a width of approximately twelve millimeters.

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- 55. (New) The garment of claim 49, wherein the insulator has a resistance of at least 10,000 ohms per square inch.
- 56. (New) The garment of claim 49, wherein the garment comprises a plurality of conductors including the first and second conductor, and a plurality of insulators, wherein the plurality of conductors are generally adapted to be placed over subcutaneous fatty deposits including the first and second subcutaneous fatty deposits, wherein the plurality of insulators are each adapted to provide a gap between two or more of the plurality of conductors, each of the gaps occurring approximately every 6 to 18 inches in a direction extending outwards from a central portion of the patient to the distal end of an extremity of the patient.
- 57. (New) The garment of claim 56, wherein the plurality of insulators are adapted to be placed over a plurality of bone joints in the patient.
- 58. (New) The garment of claim 43, wherein the conductor is adapted to be applied for a period of time sufficient to result in substantial electrically-triggered weight loss.
- 59. (New) The garment of claim 58, wherein the time period comprises at least four hours per day for at least three days.
- 60. (New) The garment of claim 43, wherein the patient comprises a central portion and an extremity extending from the central portion to a distal end of the extremity, and the first skin surface extends from a first position nearer to the central portion to a second position further from the central portion and nearer to the distal end, and wherein the conductor encompasses a naturally occurring electrical gradient in the patient.
- 61. (New) The garment of claim 43, wherein the conductor comprises a flexible cloth-like material.
- 62. (New) The garment of claim 43, wherein the conductor comprises silver.
- 63. (New) The garment of claim 43, wherein the garment is sold and merchandised as at least one of the following:
  - a. a weight loss device.
  - b. a weight loss garment.

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- c. a fitness garment.
- d. a muscle toning device.
- e. a fat burning device.
- f. a device to reduce fatty deposits.